



Multnomah Athletic Club

UNLOCK YOUR EXPERIENCES ON MAC'S WEBSITE

INTERESTS

To start your MAC experience on the site, build out your interests!

To keep current on club happenings, virtually, in-club, and all things outdoors, sign up for newsletters, including the club's once-a-week MACTivities email. It highlights the best upcoming events and classes, family offerings and dining experiences at the club.

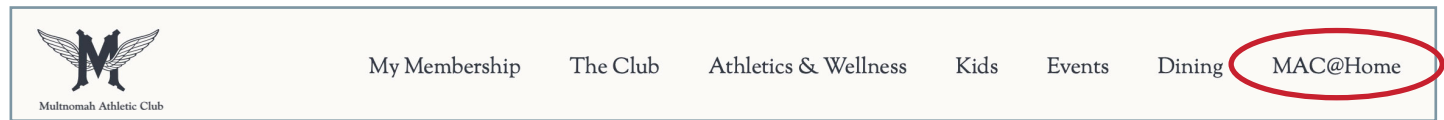
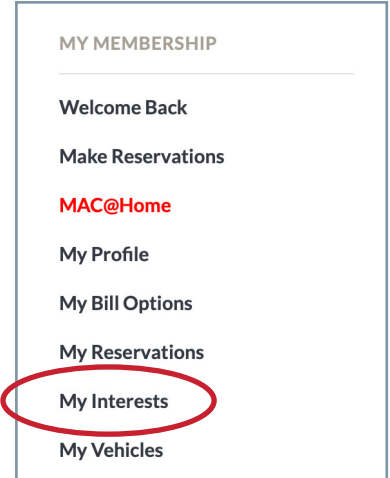
To fill out your interests, go to My Membership. On the left side of the page, click on **My Interests** and pick from a selection of alerts.

MAC @ HOME

The club recognizes the challenge of joining during a pandemic. MAC has adapted, adding innovative new digital offerings and plenty of chances to socialize and exercise in the great outdoors. Go to MAC@HOME to find out what's available.

To get to MAC@HOME, go to your top navigation bar. Click **MAC@HOME** to start your digital experience!

Scroll through this page to find Events, Athletic and Wellness classes, and Dining experiences. See something of interest? Click on it!



REOPENING

MAC Phase 1 is the club's cautious adaptation to COVID-19. It's still in full swing, and the club is constantly updating what's available while following all applicable guidelines. Here, you will see hours and any new changes that will affect your club access.

Learn what the experts are saying in relation to the pandemic, and what is open at MAC, on this [page](#), as well.

RESERVATIONS

As a member, you can now avail yourself of the club's activities, offered on a daily basis. To make a reservation, follow this [video tutorial](#) for quick and easy instructions.

CONGRATULATIONS

You've completed this digital starter pack! You should now be able to navigate key pages and get the most out of membership. If you have any other questions, the friendly experts on MAC's Membership Team and at the At Your Service Desk are happy to assist.

Email membership@themac.com or atyourservice@themac.com to start the conversation.

