



Future of Fitness

E&C Modernization

The reinvention of the Exercise and Conditioning Room is the launching point of the club's transition to the future of MAC fitness.

Background

- The current space is more than 20 years old.
- The small weight room is more than 40 years old.
- The flooring, technology and other infrastructure is at the end of its lifespan.
- The environment does not meet MAC member needs and does not reflect a premium experience.

Change Methodology

- An ad hoc committee comprised of members and staff is working closely with project designers.
- A member-wide survey was conducted to provide designers with member insights on equipment and facility usage and needs.

Why Now

- Due to the coronavirus pandemic, the club's phased opening requires restricted facility use. This presents an opportunity to implement this project with the least amount of disruption to members.
- The budget for this project is allocated from a separate capital fund and does not negatively impact the club's operational budget.

Timeline

- E&C Room Relocation to West Gym – Beginning Aug. 1
- E&C Room Construction – Beginning Sept. 16
- E&C Room Modernization Completion – Jan. 1, 2021

E&C Modernization FAQ

What Are The Anticipated Benefits Of This Project?

- It will create more functional fitness spaces.
- The new space will provide dedicated space for rehabilitation and specialized needs.
- It will be a more inviting, welcoming space for all members, designed to better accommodate a wide range of needs and abilities.
- A dedicated space for intense weight training in the Small Weight Room will provide a quieter space for the majority of E&C Room users.
- Converting offices and staff workspaces will result in more space dedicated to members.
- Updated equipment will include improved technology.
- The project will be enhanced and supported by programming, improved member service, and events dedicated to help members create custom experiences that will help them achieve personal fitness goals.

What Is The Scope, Schedule And Budget For This Project?

Scope: The main E&C Room and Small Weight Room, including some of the smaller offices around the perimeter of these rooms. The project is scheduled to end by Jan. 1, 2021, with a grand opening by March.

Budget: Two million dollars has been budgeted for design, construction and temporary E&C Room space; additional funding has been set aside in the operating budget for new equipment. The budget for this project is allocated from the club's separate capital fund and does not impact the club's operating budget.

Did The Timeline For This Project Change From Its Initial Plan?

Yes, it was decided to take advantage of the opportunity of having lower usage due to attendance restrictions following the club's closure due the coronavirus pandemic. The project moved up by approximately 10 months. It was originally planned for May-October, 2021.

E&C Modernization FAQ

How And When Was The Decision Made To Change The Project Date?

The ad hoc committee met May 18 and voted to recommend accelerating the timeline of the project, now to be completed by Jan. 1, 2021.

On May 27, the Board of Trustees approved the recommendation pending assurances that a temporary relocation space was thoroughly vetted with all impacted members, and that the project would remain within the \$2 million project budget.

Where Will E&C Room Equipment Be Moved During The Project? Where Will Equipment Be Stored?

The West Gym will be the temporary location for the E&C Room from Aug. 1 to January 2021. The space provides approximately the same footprint and square footage of the E&C Room.

Equipment will be stored in the Ballroom during the project.

Part of the project scope involves identifying which equipment will be eliminated permanently or upgraded, and which will be returned to E&C Room.

How Was The Decision Made To Use The West Gym As The Temporary Location For The E&C Room?

This decision was considered very carefully, with particular attention to the overall impact on specific user groups. The West Gym has the necessary square footage and required electrical, HVAC and load-bearing requirements. The West Gym's traditional activities also are restricted due to the coronavirus pandemic, and, therefore, disruption to these groups is minimized.

MAC staff is working to provide alternative junior, volleyball, pickleball and basketball opportunities when restrictions are lifted, and team or group activities are once again permitted.

What Other Locations Were Considered?

The Ballroom, Main Gym, and Design Center were considered

Who Will Be Impacted?

Junior activities, volleyball, pickleball and basketball are the programs which will feel the biggest impact during the project. Committee members and staff for these programs have been working together on scheduling and alternative spaces, when appropriate, to ensure member needs are met.

Where And When Will Basketball And Volleyball Play?

When safety restrictions are limited for team sports and group activities, the Main Gym will be used for basketball and volleyball. Schedules are yet to be determined.

How Will Impacted Parties Be Informed?

Impacted parties will be informed through respective committee communication, web updates, club messaging and via TeamSnap.

Will All Of The E&C Room Equipment Fit In The West Gym, And When Will The Move Take Place?

Most, but not all of the equipment will be relocated to the West Gym. Due to required physical distancing to ensure the safety of members, equipment already has been removed to allow more spacing. This will also be the case in the West Gym.

The plan is to shift all equipment to the West Gym prior to Aug. 1 and before any E&C Room construction begins. The club is working to deliver a seamless transition into the new space.

Will Members Have The Same Variety Of Equipment In The Temporary Location?

Starting July 1, Fitness staff will monitor use of equipment to inform decisions about what equipment should be moved to the West Gym.